MAKING HEALTHCARE SUSTAINABLE IN ASIA

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Home to more than half the population of the world. Powering global progress, innovation and new age thinking.

Asia is today on the cusp of unprecedented progress and prosperity.

As the region’s population and quality of life continues to increase, the demands on its healthcare systems too will rise. Addressing this proliferating demand is imperative to sustain the Asia growth story.

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11 Time Zones
8500 Kilometers North to South
9600 Kilometers Wide

Highest mountain in the world at 29,000 feet in Nepal

Lowest point - 1,300 feet below sea level in the Dead Sea between Jordan and Israel

AMAZING
THE TRYING TRINITY

Inadequate physical infrastructure
- 0.9 India
- 3.1 Singapore

Insufficient skilled manpower
- 0.2 Afghanistan
- 1.7 Japan
- 2.4 China
- 2.5 USA
- 3.7 Norway

Lack of sustainable public health policies
TACKLING THE INFRASTRUCTURE CHALLENGE

**NCD burden in Asia**

- Millions of premature deaths
- 34% of deaths in the under 60 category
- Diabetes up by 104%
- Coronary heart disease up by 73%

In the Asia Pacific Region, every year about **2.3 million people die due to tobacco-use-related diseases.**

**Blueprint for sustainable health in Asia**

- Combating NCDs
- Focused prevention – the Weqaya (UAE) example
- Swacch Bharat (Clean India)
The Japan Example to Address Ageing

AGEING ASIA

- **923 million**: Asia's elderly population
- **$20 trillion**: Projected cost of elderly healthcare

**4X increase** in Japan’s aged population

**33 million** aged people in Japan

**26% of Japan** is aged

LTCI – A personalised care plan is developed for every individual and the most comprehensive services cover
MEETING THE **MANPOWER GAP**

**INDIA NEEDS**

- 2X Doctors
- 3X Nurses
- 4X Health workers

**Skilled health manpower**

As low as **6 per 1,000** in South Asia.

25 upwards per 1,000 in the western world

**THE E-LEARNING SOLUTION**
How can we address the lack of sustainable health policies to overcome the challenge of limited financial resources?

In India, 60 percent of the indebtedness is due to medical expenses.

SINGAPORE
Twin philosophies of individual responsibility and affordable health care

THAILAND
Introduced the Universal Coverage Scheme (UCS)

ARAGONDA, INDIA
Insurance for just 2.5 cents a day
ALL ABOUT FINANCING & DELIVERY

PRIMARY CARE AND PREVENTION

TERTIARY CARE

PRIVATE HEALTHCARE

AND THEN

PUBLIC HEALTHCARE
There isn't a single magic bullet to help make healthcare sustainable. We will have to do many things right.