

2015 ONPHA Conference & Trade Show



Session 408: Aging With Grace, Staying in Place: Community Supports

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Huron Perth Seniors Mental Health
and Addictions Response Team



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Who we are:

- Behavioural Supports Ontario
- Southwest LHIN
- Five Nurses - 3 Registered Nurses and two Registered Practical Nurses
- One Psychosocial Rehabilitation Specialist

What do we do?

- Assessment and treatment provided for older adults experiencing mental health issues, confusion, cognitive impairment and changes in behaviour
- Services are time limited and include community treatment, assessment, consultation, counselling, advocacy and education
- psycho-educational group for caregivers

Depression, Dementia and Delirium

- Depression is a mood disorder that causes a persistent feeling of sadness and loss of interest.
- Dementia indicates problems with at least two brain functions, such as memory loss and impaired judgment or language, and the inability to perform some daily activities such as paying bills or becoming lost while driving.
- Delirium is a serious disturbance in mental abilities that results in confused thinking and reduced awareness of your environment. The start of delirium is usually rapid — within hours or a few days.



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Case Scenario

- Woman 85 years old is knocking on doors of residents in your building.
- She is confused and is scared someone is going to hurt her.
- It is 2200h.



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References:

Delirium. (n.d.). Retrieved September 25, 2015
<http://www.mayoclinic.org/diseases-conditions/delirium/basics/definition/con-20033982>

Dementia. (n.d.). Retrieved September 25, 2015
<http://www.mayoclinic.org/diseases-conditions/dementia/basics/definition/con-20034399>

Depression. (n.d.). Retrieved September 25, 2015.
<http://www.mayoclinic.org/diseases-conditions/depression/basics/definition/con-20032977>



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Clients' Right to Self-Determination

- Clients make choices when they know their rights and options
- Clients appreciate support to understand their care options
- Clients have the right to make choices; whether good or bad



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Social Workers

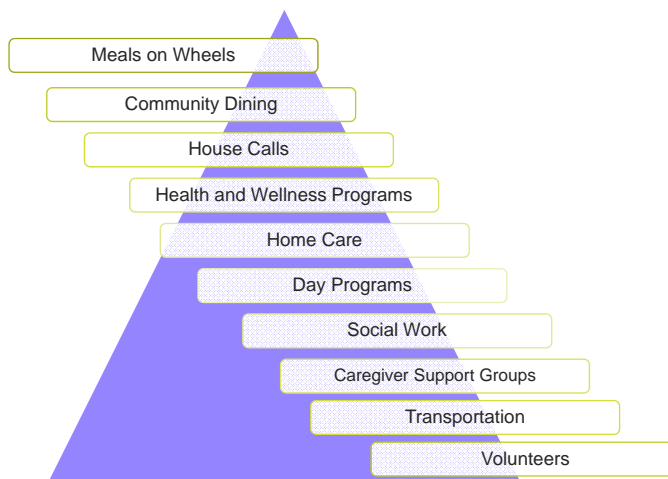
- Provide support to clients in need
- Offer linkage to practical services, systems navigation, advocacy, and future care planning
- Social workers offer support groups for caregivers of people with dementia



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Community Services



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Encouraging Conversations for Health and Wellness

- Acknowledge clients' strengths and interests
- Focus on continuity, independence, prevention and health promotion
- People age best at home with supports and knowledge of options for care



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Dixon Hall Working with Ethno Diverse Communities



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IDENTIFY NEEDS:

- Know the demographics of your community and the area that you provide service to.
- Are services being offered to meet the diverse ethnicities within the community.
- Conduct a Needs Assessment to determine gaps in service.



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ADDRESSING NEEDS:

- Does the agency have the infrastructure to offer Ethno specific programs and services ?
- How can services be delivered:
 1. Partnering with other agencies
 2. Recruiting volunteers from community
 3. Family members
- Tenants/Clients have access to services that they will benefit from.



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SERVIEE PROVISION TO TENANTS/CLIENTS:

- Programs are culturally sensitive
- Programs are incorporated with agency mandate
- Tenants/Client have equitable access to services



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