

ECCU 2015

Q & A Session about ECCU 2015 with:



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In April 2015 Ed Stapleton celebrated his 48th year in the field of Emergency Medical Services. He started as a Basic EMT in 1967 in the New York City EMS System and served as a Combat Medic in Vietnam in the 25th Infantry Division from 1968 to 1969. Ed became one of the first Paramedics in the New York City EMS System in 1975. He went on to become one of the first EMS Educators in the New York City EMS system. From 1989 to 2005 Ed served on the National Basic Life Support Committee for the American Heart Association and co-authored AHA's Basic Life Support Textbooks from 1997 to 2004 in his capacity as BLS Science Editor. During his career Ed co-developed a large number of unique educational programs including five Paramedic Training Programs in the New York City region and the first Associates Degree program in New York State at LaGuardia Community College. He has conducted numerous scientific studies related to Emergency Cardiac Care and EMS and has authored over 120 scientific and educational works including textbooks, journal articles, videos, interactive CDs, student workbooks, and instructor guides. This includes, "EMT Prehospital Care" a national EMT textbook, workbook, with associated instructor support materials. Today Ed routinely teaches around the globe on EMS, education, and emergency cardiac care. He is currently Co-Chairman of the Halla Stony Brook Emergency Medicine Center in Jeju Island, South Korea and recently finished his term as the President of a 5-country "Problem Based Learning Forum" (U.S, South Korea, China, Hong Kong, Japan and Australia).

Q: Why is the latest knowledge of resuscitation and emergency cardiac care so important to EMS providers, educators and leaders?

A: First, resuscitation from out-of-hospital cardiac arrest is a primary quality measurement of EMS systems. Indeed, outcomes are very different from system to system. To quote a great EMS Leader, “Resuscitation from Out-of-Hospital Cardiac Arrest is the responsibility of citizens and EMS providers. Post-resuscitation care is the responsibility of the hospitals.” If EMS systems provide quality from system activation, dispatch, bystander CPR, and high performance EMS care - outcomes will improve! ECCU2015 will address the best practices in all of these areas.

Q: What makes ECCU2015 a unique and important conference?

A: ECCU has been the premier multidisciplinary conference devoted to emergency cardiovascular care and resuscitation for the last 35 years. Our world class faculty has and does consist of the Giants of Resuscitation and Emergency Cardiac Care. As an attendee you will hear about the new guidelines for CPR and ECC “first hand” from the scientists, authors and system innovators! In between sessions you will network with the great minds of this field. During my attendance at ECCU over the years I have had discussions with the modern inventors of rescue breathing, CPR, defibrillation, and almost every mainstream device related to resuscitation. It’s great to be able to better understand the major concepts of resuscitation through the minds of those who led the way!

Q: How will this conference meet the unique needs of the various CPR and ECC interest and specialty groups?

A: The general sessions at ECCU address core issues for all healthcare providers (in-hospital and EMS), educators, survivors, and researchers, such as new CPR Techniques, advanced resuscitation methods and new educational strategies for BLS, ACLS, PALS and Neonatal Resuscitation. This is followed by “profession-specific” concurrent sessions devoted to each specialty groups. So, at any given time there will be choices of interest to nurses, physicians, EMTs and paramedics, survivors, etc. In fact, the website provides a “searchable program schedule” that allows attendees to easily identify their interests and areas, and design a custom program.

Q: What are the areas that are addressed specific to the EMS provider?

A: EMS related topics cover the spectrum of Emergency Cardiac Care and Resuscitation. There are comprehensive preconference workshops including: **High Performance CPR (HP-CPR) - Seattle/King County Resuscitation Academy, Eagles Workshop** featuring best practices throughout the United States, and **Cardiac Arrest Airway Management!** On the second preconference day the American Heart Association will be providing official updates for BLS, ACLS, PEARS/PALS, and Heartsaver Instructors. During the conference there are dozens of topics that would be of interest to EMS providers including Prehospital Management of STEMI and Non-STEMI, Mechanical CPR, Best Practices in Street Medicine, Active Compression-Decompression and ITD, and many more relevant topics.

Q: Have you consistently attended ECCU over the years?

A: Resuscitation and ECC have been major interest areas for me since I became an EMS provider a long, long time ago! I have attended every ECCU conference (formerly Citizen CPR) since 1980 and have never been disappointed. I have developed close friendships with Giants of Resuscitation and enriched my understanding of the whole process of Emergency Cardiovascular Care from the streets to the bedside. Imagine discussing CPR education with Peter Safer, the latest in STEMI management with Karl Kern, or the Mechanics of Perfusion with Tom Aufderheide? For someone who cares about this field... it does not get any better!